

SYNCRUDE AQUATICS CENTRE AMENITY SCHEDULE

	MON	TUES	WED	THURS	FRI	SAT	SUN
25 m Lap Swim	9:30 am – 9:30 pm	6:00 am – 9:30 pm	9:30 am – 9:30 pm	6:00 am – 9:30 pm	9:30 am – 9:30 pm	9:30 am – 9:30 pm	10:30 am – 9:30 pm
50 m Lap Swim	6:00 am – 9:00 am		6:00 am – 9:00 am		6:00 am – 9:00 am	7:00 am – 9:00 am	7:00 am – 10:00 am
Swim Clubs are in the competitive pool daily with various lane rentals from 6 – 9 am and 4 – 7 pm							
Competitive Pool	6:00 am – 9:30 pm	6:00 am – 9:30 pm	6:00 am – 9:30 pm	6:00 am – 9:30 pm	6:00 am – 9:30 pm	7:00 am – 9:30 pm	7:00 am – 9:30 pm
Training Pool	6:00 am – 9:30 pm <i>Limited space during Aquafit and Swimming Lessons from 4:00 pm – 8:00 pm</i>	6:00 am – 9:30 pm <i>Limited space during Aquafit and Swimming Lessons from 4:00 pm – 8:00 pm</i>	6:00 am – 9:30 pm <i>Limited space during Aquafit and Swimming Lessons from 4:00 pm – 8:00 pm</i>	6:00 am – 9:30 pm <i>Limited space during Aquafit and Swimming Lessons from 4:00 pm – 8:00 pm</i>	6:00 am – 9:30 pm <i>Limited space during Aquafit and Swimming Lessons from 4:00 pm – 8:00 pm</i>	7:00 am – 9:30 pm <i>Limited space during Aquafit and Swimming Lessons from 9:00 am – 3:00 pm</i>	7:00 am – 9:30 pm <i>Limited space during Aquafit and Swimming Lessons from 9:00 am – 3:00 pm</i>
Adult Whirlpool	6:00 am – 9:30 pm	6:00 am – 9:30 pm	6:00 am – 9:30 pm	6:00 am – 9:30 pm	6:00 am – 9:30 pm	7:00 am – 9:30 pm	7:00 am – 9:30 pm
Leisure Pool & Slides	12:00 pm – 8:00 pm	12:00 pm – 8:00 pm	12:00 pm – 8:00 pm	12:00 pm – 8:00 pm	10:00 am – 9:00 pm	10:00 am – 9:00 pm	10:00 am – 8:00 pm
Spray Park	12:00 pm – 8:00 pm	12:00 pm – 8:00 pm	12:00 pm – 8:00 pm	12:00 pm – 8:00 pm	10:00 am – 9:00 pm	10:00 am – 9:00 pm	10:00 am – 8:00 pm
Family Whirlpool	12:00 pm – 8:00 pm	12:00 pm – 8:00 pm	12:00 pm – 8:00 pm	12:00 pm – 8:00 pm	10:00 am – 9:00 pm	10:00 am – 9:00 pm	10:00 am – 8:00 pm
Shallow Aqua Fit	9:15 am – 10:15 am 7:30 pm – 8:30 pm	9:15 am – 10:15 am 7:30 pm – 8:30 pm	9:15 am – 10:15 am 7:30 pm – 8:30 pm	9:15 am – 10:15 am 7:30 pm – 8:30 pm	9:15 am – 10:15 am		